

Christ the Redeemer Spring Retreat 2018

What to bring on retreat in a **Duffle Bag**:

- Sleeping bag or sheets
- Pillow
- Towel
- Toiletries
- Deodorant
- Feminine products (even if not needed)
- Clothing for two days
- Sweater and jacket (cold at night)
- Sleepwear
- Shower shoes
- Prescription Medicine
- Tote/Backpack (to carry during day)
- Journal, pen, rosary, Bible
- Closed toed shoes (gravel roads)
- Reusable Water Bottle

What not to bring on retreats:

- **Rolling suitcase**
- **Lots of clothes or inappropriate clothes such as yoga pants, leggings, or tights as pants, spaghetti strap or strapless tops**
- **Food**
- **Cell phones, iPods, iPads, mp3 players, anything electronic**

Drop off will be at Christ the Redeemer from 5:45-6:15pm. **To check in your child you must have their Camp Cho-Yeh Form filled out completely.** We are trying to leave on time, so please be punctual. **Be sure your child has eaten dinner or brings dinner with them!** Check in will be in the reception area for the Catholic School. Please go to the desk, we will check to make sure we have all the appropriate paperwork. At this time any students bringing electronics can check them in to us. We will provide individual bags and the students can write their names on the outside.

We ask that they turn in all electronics for a couple reasons. Firstly, the phones/iPods/iPads/mp3 players can be a distraction from making friends and meeting new people on the retreat. Secondly, because God wants to speak to each and every student and it's much harder to listen when they're surrounded by the distractions of home and social media. If you would like to check in with your child each day, they can call you from an adult's phone each night before they go to bed.

Also at check-in we will give each student a colored piece of tape to place on their luggage. They will then walk their luggage onto the trailer to be brought up with us. If your student wants their pillows or sleeping bag/blankets to ride on the trailer instead of in their lap on the bus, please place it in a trash bag labeled with their name. Trash bags keep everything together and it's more sanitary.

We ask the students not bring any food on the retreat because the retreat center does not allow any food in the cabins. We will have snacks for the students for the whole weekend, but if your child has any special needs please let us know.

On Sunday, we're planning on leaving the retreat center at 11:00 am and will be back no later than 12:45pm. We will return the cell phones and have your children call you on the way back so you know a more precise time.

EMERGENCIES- cell phone reception is patchy, if you can't get through to us, call Camp Cho-Yeh at (936) 328-3200. If you need anything or are concerned for any reason during the weekend, please give us a call. CtRYM Emergency Cell Phone 832-692-3259.

Please see next page for rules and regulations

RULES AND REGULATIONS

- Alcoholic beverages and illegal or illicit drugs use will not be tolerated.
- Vandalism will not be tolerated and any damages to camp property will be billed to the parents of the youth who are involved with this offense.
- No participant may leave the camp without Rachel's direct permission.
- State law prohibits possession or use of fireworks on camp property.
- No smoking or tobacco chewing is allowed.
- In order to insure that participants are sufficiently rested to participate fully in the program, LIGHTS OUT AND CURFEW POLICIES ARE TO BE OBSERVED.
- Youth are responsible for a daily cleanup of personal space and campgrounds.
- Any instructions given by the chaperones are to be followed unless they conflict with one of the other rules or directives of Rachel and Bryan.
- Phones and all other electronics are to be turned in at check-in. If your student is found with a phone it will be confiscated until the end of retreat.
- **Baggage and personal items can and will be checked if drugs, alcohol, weapons, or any other illegal substance or items are suspected.**

*****FAILURE OF YOUR SON/DAUGHTER TO COMPLY WITH THESE GUIDELINES WILL RESULT IN A PHONE CALL TO PICK UP YOUR SON/DAUGHTER, REGARDLESS OF THE TIME OF DAY.**