Encounter 2/11/18 Make-Up Worksheet

Lent: Prayer and Fasting

Name:_____ Small Group:_____

Log onto http://ctryouth.com/encounter-videos to watch the video that corresponds to the evening that you missed and answer the questions below. Turn this form in at Check-In when you arrive at Encounter.

1. *What is fasting?*

2. *What three things does Jesus talk about in Matthew 6:2-18?*

3. *What is the correlation between fasting and prayer?*

4. *What four reasons does Rachel share about why we fast?*

5. *How can you make Lent something that will challenge you?*

6. *What are you fasting from this Lent?*