

Rise 2/7 – Make-up Worksheet

Name: _____

Small Group: _____

Log onto ctryouth.com/rise-videos to watch the video of the Rise night which you weren't able to come to and answer the questions below. Turn this form when you check-in to Rise!

1. What does the word "Lent" come from? What is this season about?
2. Where does the idea of fasting for 40 days come from in Scripture? What happens to Jesus during this time?
3. How does the sacrifice of Lent help prepare us for the joy of Easter?
4. What are the three focuses during Lent?
5. How are you going to take part in these three different areas for this Lent? What do you think will be hardest and why?

